

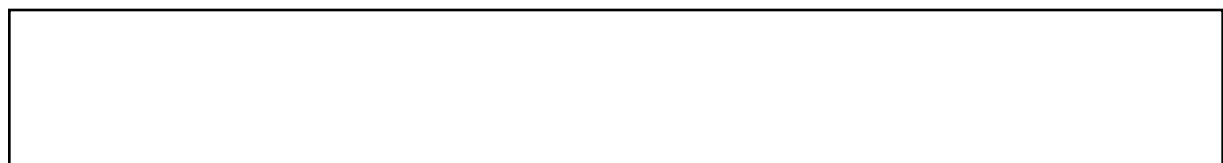


Showing a big smile, Tanya Baily crosses the finish line happy and proud.

Ory Holgate keeps his cool on the home stretch to the finish line where he will join his fellow race-mates.



Devan Daugherty, Colin Webber, Janelle Lawlor, Arden Sauve, Mark Webber, Garrett Glowienka, Yvon McKay, Ory Holgate, Tanya Baily, Mason Medeiros, Travis Herring.



Cross Country

This year the HSS cross country team had an overall great season, all grades pushing themselves to their greatest ability. Janelle Lawlor had a very good season. Travis Herrling, a junior runner, came 3rd

out of about 150 athletes in the Fraser Valley championships. With his shoe also falling off, he still managed to place in the top three. Next year, HSS is hoping to host the Fraser Valleys at the local golf course.

Good luck to the team next year!

Running like the wind, Mason Medeiros runs his little heart out with a big smile, happy on life.



Garrett Glowienka slowing down from his cross country race to strike a "fierce" pose to the pretty ladies across the field.



Travis Herrling huffin' and puffin' trying to catch up to his other race-mates.



Yvon McKay admires Mark Webber's stylish racing hair as McKay and Webber neck and neck towards the finish line.

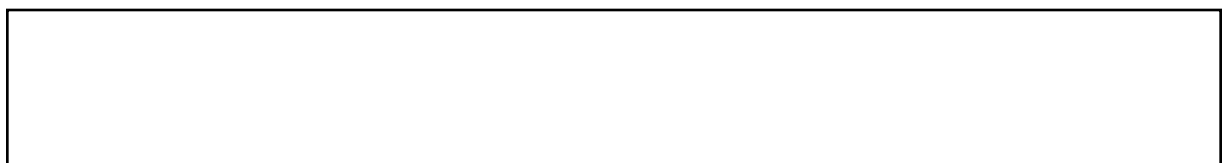
Strong
finish

Cross-Country

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